

# NEBOSH HEALTH AND SAFETY AT WORK AWARD

## UPCOMING DATE OF HSA ASSESSMENT

DATE OF SEAT BOOKING	DATE OF ASSESSMENT
13 <sup>th</sup> MAR 2026	23 <sup>rd</sup> MAR 2026
30 <sup>th</sup> MAR 2026	8 <sup>th</sup> APR 2026
15 <sup>th</sup> MAY 2026	25 <sup>th</sup> MAY 2026
14 <sup>th</sup> JUN 2026	24 <sup>th</sup> JUN 2026
13 <sup>th</sup> JUL 2026	23 <sup>rd</sup> JUL 2026
10 <sup>th</sup> AUG 2026	20 <sup>th</sup> AUG 2026
14 <sup>th</sup> SEP 2026	24 <sup>th</sup> SEP 2026
16 <sup>th</sup> OCT 2026	26 <sup>th</sup> OCT 2026
13 <sup>th</sup> NOV 2026	23 <sup>rd</sup> NOV 2026
11 <sup>th</sup> DEC 2026	21 <sup>st</sup> DEC 2026

### What are the benefits of pursuing the NEBOSH Health and Safety at Work Award Course?

- ❖ Establishes effective health & safety management system in the Organization
- ❖ Fosters positive safety culture throughout the organization
- ❖ Facilitates health and safety awareness to ensure the safety of themselves and others
- ❖ Aids to reduce incident and injury rates and the associated lost time and absence
- ❖ Enhances employee morale and engagement in complying with organizational safety measures.
- ❖ Ensures a solid base for progressing on to the next level of NEBOSH qualifications

### Who can do this NEBOSH Health and Safety at work Award Course?

This qualification is suited for all interested individual in having an understanding of the principles of health and safety as a part of their career, including:

- ❖ Anyone wishing to understand the principles of health and safety as part of their job includes.
  - Team leaders and supervisors
  - HR professionals
  - Facilities managers
  - Safety Professionals
  - Those who provide work based training to young Safety Employees
- ❖ Individuals wishing to
  - Attain a basic understanding of health and safety practices and principles
  - Embark career journey in health and safety

Grab an exclusive opportunity to shape your career with a highly accredited Occupational health and safety training course.

### What is the duration of this course and mode of study?

- ❖ 3-days (18 hours)

- ❖ Virtual Training

## What are all the topics covered in this NEBOSH Health and Safety at Work Award Course?

- ❖ Element 1: Why and how you manage health and safety
- ❖ Element 2: Dealing with common workplace hazards
- ❖ Element 3: Stopping incidents and ill-health before they happen
- ❖ Element 4: Learning from incidents

## What are all the key learning outcomes of this course?

- ❖ Understand why health and safety need to be managed, ensuring effective processes are in place
- ❖ Inspect the workplace, recognize a range of common hazards, evaluate risks (taking account of current controls), recommend further control measures and assign actions.
- ❖ Understand why incidents happen and how to investigate them

## Benefits of NEBOSH Health and Safety at Work Award

The qualification covers the important skills or preserving a safe working environment such as health and safety responsibilities and everyday solutions and control measures.

## Knowledge and Skills

- ❖ An understanding of common risks in the workplace
- ❖ Essential knowledge of the need of managing health and safety and ways to effectively deal with it.
- ❖ Knowledge to assess risks & perform inspections in workplace
- ❖ Identifying hazards in the workplace and recommending remedial measures to be in place
- ❖ Understanding risk assessments as well as control strategies
- ❖ Know the cause of incidents & knowledge to investigate them

## Career Opportunities

- ❖ This qualification is perfect to pursue advanced NEBOSH qualification that include NEBOSH International General Certificate, ensuring competency in your career growth
- ❖ There are countless career opportunities for NEBOSH qualified professionals.
- ❖ Since you can demonstrate commitment to health and safety standards, you can become a competitive professional within the organization

## Recognition

- ❖ The NEBOSH qualification holds its accreditation and is also credit rated by the Scottish Qualification Authority (SQA) Accreditation and it remains in the Scottish Credit & Qualification Framework (SCQF) at SCQF Level 5 (equivalent to RQF Level 2) with 2 credits.
- ❖ Recognized by professional memberships and employers in more than 180 countries.

## Learning Outcomes

On completion of the NEBOSH HSW/HSA you will be able to:

- ❖ Familiarity with the health and safety roles and responsibilities
- ❖ Moral, legal, and other crucial reasons and advantages of managing health and safety.
- ❖ Able to implement and maintain health and safety management systems.
- ❖ Acquire practical skills that are helpful in keeping yourself and others safe.

- ❖ Capabilities to apply the principles of risk assessment
- ❖ Identifying various types of hazards in the workplace
- ❖ Risk assessment and determining the best measures to control risks.
- ❖ Principles of safety and health performance.
- ❖ Perform internal and external safety audits.

## How this NEBOSH Health and Safety at Work Award is assessed?

- ❖ Practical Assessment
  - Workplace health and safety review Project Submission
- ❖ Qualification Grades
  - Pass (75% & above) or Refer (below 75%)

*Please Note: There is no written examination added to this qualification*

## What other courses can be pursued after obtaining NEBOSH Health and Safety at Work Award?

- ❖ NEBOSH IGC
- ❖ NEBOSH Leadership Excellence
- ❖ NEBOSH IDIP

NEBOSH Health and Safety at Work Award Training and exam schedules as per the course calendar.

### Qualification Key features

## Qualification Overview

Unit prefix and title	Unit HSA1: Health and Safety Work		
Assessment	Assessment Type	Assessment Time	Pass mark
Unit HAS 1:	Practical Assessment	3 hours (approx.)	75%
Notional Learning hours	A full -time block release course (minimum of 3 days) Part-time day release (spread over 3weeks) Open, distance learning, eLearning.		
Qualification level and number of credits	SCQF Level 5(equivalent to RQF level 2) with 2 credits.		
Entry requirements	None		
Recommended minimum standards of English	Equivalent to an International English Language Testing System score of 5.0 or higher in IELTS tests.		
Language available	English and Arabic		
Qualification grades	Pass Refer		

## Who is the qualification designed for?

The qualification is designed for anyone who needs to understand the principles of health and safety as part of their job; this would include team leaders and supervisors, HR professionals, facilities managers and those training young people in a working environment. Many people take the *NEBOSH Health and Safety at Work Award* as first step in career in health and safety. It gives a valuable overview, and is a sound basis for further professional study.

## Benefits for you

The *NEBOSH Health and safety at work Award* looks at everyday solutions for general workplace health and safety issues. When you have completed the qualification, you will be able to:

- Understand why health and safety needs to be managed; ensuring effective processes are in place.
- Inspect the workplace, recognizing a range of common hazards, evaluating risks (taking account of current controls), recommending further control measures and assigning actions, and
- Understand why incidents happen and how to investigate them.

## Benefits for your employer

When you achieve the *NEBOSH Health and Safety at work Award*, you will be able to help implement or maintain a health and safety management systems by having an awareness of common workplace hazards. It will also ensure you can apply the principle of risk assessment and understand how to control common workplace hazards. This knowledge can help reduce the number of accidents in the workplace, improving staff morale, and resulting in costs saving for the Organisation.

This course can be delivered within an organisation, or by accredited training course run throughout the world by our network of accrediting Learning Partners. NEBOSH Learning Partners offer a variety of flexible course formats, so training can be arranged according to business needs, either in-house or at training centres around the globe.

## Achieving the Qualification

The *NEBOSH Health and Safety at work Award* has one assessment (see 'Qualification overview' for details on the Assessment and the pass standard), you must achieve a 'pass' in the unit to be awarded the qualification.

## Resubmitting the assessment

You can resubmit your assessment if you received a 'Refer' result. There is no limit on the number of times you can resubmit, however, you must register and pay the associated registration fee on each occasion.

## Qualification grading and issue of qualification Parchment

Once you have achieved a pass you are normally considered to have completed the qualification and a qualification parchment will be issued, within 20 working days of the result declaration date for the unit.

However, once the result of the qualification has been issued you have 20 working days from the date of issue of that result to submit an Enquiry About Result (EAR) request, for details see the).

## Finding where to study

You can search for Learning Partner (the people that provide your training Course) using the 'where to study' tab on our website: [www.nebosh.org.uk](http://www.nebosh.org.uk).

Note:-When you have chosen your Learning Partner, it is best to check directly with them for up-to-date information on course dates.

# Syllabus

Element Summary		Learning Outcome On Completion of the Course the Learner will be able to	Assessment Criteria
1	Why and how you manage health and safety	Understand why health and safety needs to be managed; ensuring effective processes are in place.	Carry out a workplace health and safety review which: a). Consider how health and safety is currently managed, and how it can be managed better. b). Identifies health and safety issues present, how they are controlled, and if the risk can be reduced. c). Select the most important issue for improvement using moral, legal and financial reasons.
2	Dealing with common workplace hazards	Inspect the workplace, recognizing a range of common hazards, evaluating risks (taking account of current controls), recommending further control measures and assigning actions.	
3	Stopping incidents and ill-health before they happen		
4	Learning from Incidents	Understand why incidents happen and how to investigate them.	